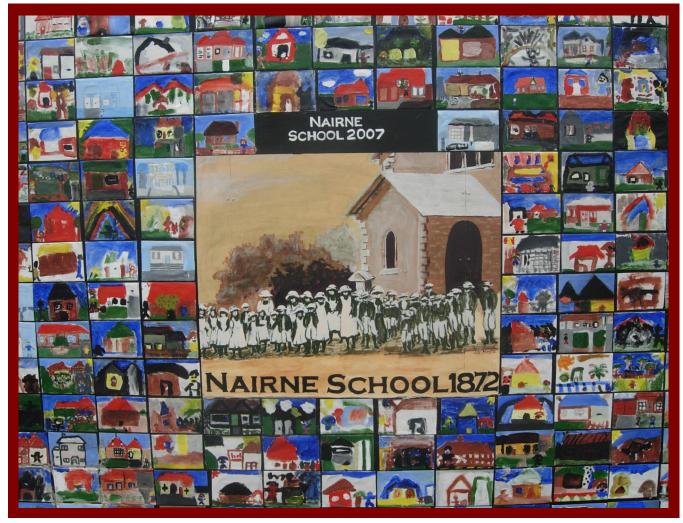
SEPTEMBER / OCTOBER 2010

Nairne News

ABN 23 839 112 074

Newsletter of the Nairne and Districts Residents Association

The story of the Nairne Historic Mural Project



Mural outside the old School: Central painting by Liz Hirstle, surrounding tiles painted by students of Nairne Primary School 2007.

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by Liz Hirstle

Four years ago I visited Sheffield, in Tasmania. It is a small town in the middle of nowhere and the only real jobs are vegetable growing. Young people were leaving the town in droves. The town was dying and then someone had the bright idea to erect Historic Murals all over the town and see if it would attract visitors. The rest, as they say, is history. Sheffield is now a thriving community. There are at least six restaurants, B&B

facilities everywhere, shops and small businesses all over the town.

I came home and looked at Nairne where the shops and cafes frequently change hands. Here, I thought, we live in the oldest town in the Hills and it has been forgotten. The place is full of history and yet no-one knows about it. That began a train of thought. What if we could tell our story in murals?

Continued on page 10

Message from the President



Jenni Adams

President, NDRA

PO Box 416

Nairne

SA 5252

ndra@live.com.au

NAIRNE AND DISTRICTS RESIDENTS ASSOCIATION (NDRA)

In spite of the wintery weather, we had a fantastic turn out to the AGM and the General Meeting this month. 10 people attended at 6.30 pm to meet the North Ward Councillors but unfortunately none of them were able to attend, and sent apologies. This was of course disappointing but NDRA will continue to promote a unified voice for the community. In future we will invite councillors at 7pm, which may be easier for all concerned – followed by the general meeting at 7.30 pm on alternate months. The next meeting is 20th October at the Nairne Institute.

Nine new members joined us this month which is good news indeed and it is great to see the enthusiasm of Nairne residents working together. The new look Nairne News has been a fabulous vehicle for promoting membership, with many people joining via this link. Huge thanks to Cathy Smallridge for editing and to Jo Parkinson for proofreading. The colour photography has really added to the appeal - thanks to Leanne Osmond of Leeophotography for the lovely photo in the last issue. Leanne spoke at the meeting this month and showed us more of her beautiful photographs. In October, Jo-Anne Sarre will speak on Ink Pot Arts, of which she is Artistic Director. This promises to be an exciting expose of a successful local business. Speaking of which – I encourage you to promote your own business initiatives and at the same time support your community by advertising in your local newsletter, and please consider presenting at the NDRA general meetings.

By Jenni Adams

The mural project continues with Liz Hirstle putting in huge amounts of work both in practical aspects and funding applications to support the initiative. Congratulations to Liz on her fabulous SALA presentations at Howard's Winery. Big thanks also to Richard Hirstle who is putting together a fantastic new website for NDRA – check out how it looks on the back page – lots of new and exciting initiatives coming!

All in all this has been a really exciting time for the Nairne community. If you haven't already joined your local representative organisation, please consider doing so. You can join via the membership form (next page) – and we would love to meet you!

Thank you for supporting your community through buying this edition and we really look forward to meeting you soon.

The carbon cost of producing this newsletter for one year has been estimated using the calculator on www.carbonneutral.com.au, and a payment has been made to offset estimated carbon emissions.

Editor's Note

By Cathy Smallridge

We have had some wonderful feedback on the new format of the Nairne News. Thankyou all for your encouragement! I am also really delighted with the way our local businesses and community groups are making the time to help out by providing articles and ads. Your input is greatly appreciated, as are the invaluable skills of our volunteer proofreader, Joanna Parkinson, and our treasurer, Therese Okkerse.

The new website (www.nairne.org.au) promises to be a very valuable tool for both the local community and prospective visitors. Previous issues of the Nairne News will also be archived there. However, if you would like to receive each Nairne News by email at the time it is published (pdf file in full colour), please join the Association using the adjacent membership application form.

If you have any comments or suggestions, please send them to nairnenews@hotmail.com.

Disclaimer

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Association Inc. accept no responsibility for the contents
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Views expressed in the Nairne News are not necessarily
those of the Nairne News, its editor or publisher, or the
Nairne and Districts Residents Association.

Nairne and Districts Residents Association.

Membership application 2010/11

Name:
Postal Address:
Residential Address:
Phone (Home):
Phone (Mobile):
Email:
Please send me the Nairne News by
email. (Note: large file size may be unsuit-
able for dial-up internet connections).
Please send your completed form with the membership fee of \$10 to:

The Treasurer, Nairne and Districts Residents Association PO Box 416, Nairne, SA 5252

Or bring it with you to the next meeting, 20th October, 2010, Nairne Institute, 7pm.

Businesses advertising in this issue.				
Adelaide Hills Appliance Services	p 18	Nairne Medical Clinic	p 24	
All Decked Out	p 15	Mount Barker Bottle and Can	p 22	
Anahata Yoga with Jo	p 11	Pope Nitschke Real Estate	p 16	
Andrew Dingle Floor Sanders	p 14	Sayers Excavations	p 25	
Bald Hills Olive Grove	p 6	Sheehan's Hardware	p 15	
Buzz Honey	p 7	Shelly's Hair Cottage	p 18	
Car Upholstery and Canvas	p 14	Skipworth Business Solutions	p 25	
District Hotel	p 9	Somerled Services	p 14	
Hallett Home and Garden Services	p 15	The Chop Shop	p 6	
Millers Arms Hotel	p 7	Yab's Maintenance	p 15	
Nairne Corner Takeaway	p 11	Yoga in the Hills with Loretta	p 12	

MT BARKER COUNCIL ELECTIONS - THE NAIRNE PERSPECTIVE

Once again, local government (Council) elections are nearly upon us. As a resident of Nairne or otherwise living in the 5252 postal code area, you have an interest in seeing that our town remains firmly in focus when the District Council of Mt Barker decides on matters affecting our community. The incoming Council will be elected for four years commencing this November. The elections will be decided on 13 November.

Residents will recall that a 'Meet your Candidates' public forum in Nairne just before the last elections in 2006 proved very popular. That meeting, held in the Soldiers' Memorial Hall in Main Street, proved to be a 'standing room only' affair!

The Nairne & District Residents Association (NDRA) is again planning a 'Meet your Candidates' public forum for the 2010 elections. A specific date is still to be settled, but at the moment we are looking at the week 18 - 22 October. That will be before the next issue of 'Nairne News', but posters will be displayed around Nairne and an advertisement placed in The Courier newspaper closer to the time.

Candidates for the four North Ward positions on Council and for the office of Mayor will be invited. This will give candidates an opportunity to put their case for election as our direct representatives, and for you to ask questions of them before you make up your mind on who you vote for.

Voting for Council is postal and voluntary. A mail-out of voting packs to electors will take place between Monday 25 and Friday 29 October. You will need to have your vote received by the returning officer by 5:00 pm on Friday 12 November for it to be counted.

Remember! This is your chance to make up your mind about who you would want to represent you on Council. Keep your eyes open for more information about the public forum.

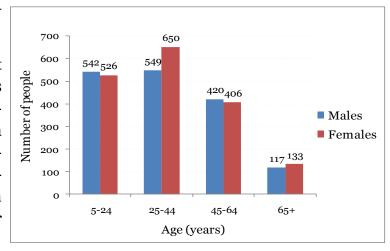
Nairne—a statistical snapshot

By Cathy Smallridge

In considering plans for future development in the Nairne area, it is essential to have a reliable picture of the make-up of the community. A community profile document aims to present a snapshot of a community, describing, for example, the age distribution, culture, health, education, housing and employment aspects of the community. Data relating to these factors can be accessed from the Australian Bureau of Statistics website, and can be embellished with data from other sources. At the last census (2006), there were 3647 people living in Nairne, and the population was biased towards the younger age groups with 37% of people under 25 years, 33% of

people in the 20-year span between 25 – 44 years, and only 30% of people over 45.

The next census will be in August 2011. It will be interesting to see how Nairne has changed in five years. If you have an interest in assisting with the development of a community profile for Nairne, please contact us on ndra@live.com.au. A community profile has the potential to help inform and guide development directions for Nairne.



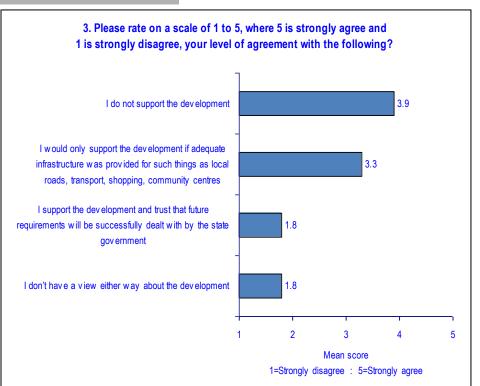
District Council of Mt Barker

Phone poll results on DPA

A phone survey of a sample of the District Council of Mt Barker's residents was conducted on July 28th 2010. The results are available in a report on the Council's website: http://

www.dcmtbarker.sa.gov.au/ site/page.cfm?u=113&c=9543

According to the report, a relatively high level of agreement (see graph, right) was recorded for "I do not support the development" (average rating of 3.9, with 66% agreed).



Sustainable House Design-free seminars

The District Council of Mount Barker, in conjunction with *Atelier: Urban + Environmental*, will be presenting a series of three (3) seminars on sustainable house design.

If you are looking to build a new home or improve the environmental performance of an existing home, these seminars will offer valuable advice.

- > Seminar 1: *Design for climate*. 7 pm Wednesday 1 September
- > Seminar 2: *Energy considerations, materials, systems* and design. 7 pm Wednesday 8 September
- > Seminar 3: Water use, storage and treatment. 7 pm Wednesday 15 September

Seminars are free, open to the public, and will run for approximately two hours. Seminars will be held in the Council Chambers of the District Council of Mount Barker, Homemaker Centre, 6 Dutton Road, Mount Barker.

For more information and bookings please contact Greg Sarre by phone 8391 7257 or email: **gsarre@dcmtbarker.sa.gov.au**





Food and Dining

Paddock to Plate - Fresh is best.

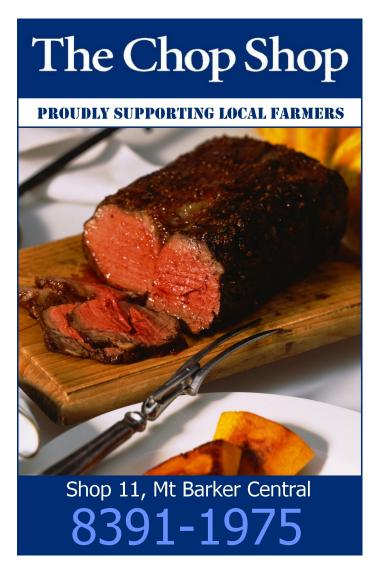
By Vince Minervini,

Mount Barker Chop Shop (Richard Gunner's Fine Meats)

You may have heard the phrase "Paddock to Plate" before, but what does it actually mean? Essentially, Paddock to Plate is a process where all elements of creating a product, right from the farmer through to the retail butcher shop, are controlled entirely by the same business. There are many advantages of this process which, in the end, benefits you as the end consumer.

Paddock to Plate allows the middle men to be cut out of the process, which means that businesses that are involved in aspects such as wholesale and distribution are removed completely. The effect of this is that the product is delivered to the retail butcher store in a much quicker timeframe, which results in a fresher product becoming available to consumers.

The freshness of a meat product is one of the key features of delivering a great product time and time again. Elements such as increased flavour and tenderness are maintained when you receive the product in a shorter timeframe. Richard Gunner's Fine Meats, trading as The Chop Shop at



Mount Barker and Feast! Fine Foods in metropolitan Adelaide, believe in the Paddock to Plate approach which is currently implemented at all our retail stores. If you haven't already experienced this approach, we look forward to changing your view on eating meat forever.

Happy Eating!



Food and Dining

What's special about honey?

Bees collect food for their colony, namely a sweet liquid from flowers called nectar and a powdery plant protein called pollen. To turn nectar into honey, the bees dehydrate the nectar and mix it with enzymes from glands on their body. Many thousands of types of plants produce nectar and pollen, so potentially there are many thousands of types of honey. Honey is made up of natural plant sugars (80%), moisture (17%) and minerals (3%).

Bees also help to grow many foods we eat by pollinating flowers and causing them to turn into fruits and vegetables. Without bees, many trees and flowers would not make fruit, nuts or seeds.

Honey can be seen as a tasty and nutritious natural replacement for sugar. It is an ingredient in nougat, chocolate products, biscuits, cakes, baked desserts, fruit bars and snacks. Honey can be used to add flavour, colour and sweetener in any food or drink where sugar is used. Think, banana smoothie, muesli, yoghurt and a drizzle of honey for breakfast; pancakes with honey and lemon; warm milk and honey drink with a dash of fresh cinnamon to send you off to sleep. Honey is a great simple spread for bread, toast, baguettes and croissants.

(Source: www.buzzhoney.com.au)

Buzzhoney



South Australian honey, available at Sheehan's hardware, Nairne Foodmart and Mt Barker Fresh Markets.

Phone 8388 0274 Fax 8388 0091

Email <u>sales@buzzhoney.com.au</u>
Web www.buzzhoney.com.au.

Millers Arms Hotel

60 Main street
Nairne
Ph: 8388 6229

Drive in bottle shop

has been reopened as Bargains liquor — look out for the fortnightly specials.

Dining Room

Meals now available Wednesday to Sunday 12-2 pm & 6-8 pm.

We have good old-fashioned bar meals in our front bar, or an Australian & Mexican Menu available in our Dining room.

Dining room House specialty "Fajitas — choice of chicken, beef or combo"

Front bar

now has new beer system with 4 beers on tap, pool table & darts available.

Sports news



President: Bronte Hough 0404 025 761 Secretary: Jana Kranixfield 0403 932 083 Senior Coach: Neil Hein 0409 700 702 PO Box 69, Nairne SA 5252 Ph: (08) 8388 6322

National Braner, United Rootball Club Inc.

Affiliated with the Hills Football League - Amalgamated 1978

When reviewing our year, the Rams had an okay season with 4 out of the 5 teams playing finals footy. But overall where are we at? Our juniors are travelling well and player numbers are great. And off field has been a great success. To be truly successful, the Rams requires sacrifices & a group of people prepared to make a commitment to pave the way for the future. We are on the verge of being a fantastic club and it is now more than ever we need your help.

The essential elements to having a magical and successful environment at the club is that we build a positive and committed culture. This starts by having a greater number of volunteers to share the workload. Our ultimate goal is to get more volunteers helping out in all areas of the club, to ensure Nairne Bremer United Football Club is a premier sporting club in the Adelaide Hills. By doing this, we are sharing the workload and reducing the amount of commitment required by each individual. If you can help and have passion for our club then please contact Bronte on 0404 025 761. We ask all supporters to consider how they can help in 2011.

Our AGM will be held on Wednesday 27th October at 7.30pm. We encourage all supporters and members of the club to attend. If you have colleagues and friends who might be interested then bring them along, everyone's welcome.

The future looks bright at the rams!

Obviously our Juniors are extremely important and are the future of our Club. We have some outstanding

talent coming through with all 3 sides (U13, U15, U17) making the finals. We need to harness their enthusiasm and energy for future success. Those involved have done an outstanding job in 2010 and we look forward to developing a junior department in 2011.

The new Life Members BBQ Pergola has been a great success. To complete this project we are working on installing roller shutters so the volunteers are well sheltered from the winter weather. The new playground has been erected and is entertaining many kids each Saturday.

Finally, in consultation with the cricket club and oval committee, we are working towards reconstructing the main oval while at the same time building a new second oval. This will be the biggest project the sporting clubs have been involved in, but is something that we really need.

I'd like to say a very big thank you to all our sponsors for 2010. The Nairne Market has been our major sponsor again this year together with Pak-Rite. Please remember to support all of our sponsors (refer our website - www.nairnerams.com) and let them know you're from the RAMS.



Sports news



As this goes to print, the club has four teams still contesting finals.

Teams already in the Grand Final to be played on Saturday 4 September are:

U17 Div1

U11 Div2

U11 Div3

A Grade is playing for their spot in the Grand Final this Saturday.

Congratulations to Courtney Molloy who received the Association's U11 Div3 Best & Fairest trophy.

It's been a great season, now is the time to celebrate.

Presentation Dates- **Junior Presentation**: Nairne Primary School Gym

Sunday 12 September at 2pm Please bring a plate to share

Senior Presentation: Nairne Oval Clubrooms

Friday 17 September 6.30pm for a 7pm start

A big thank you to all our volunteers, especially those who offered their services during the finals series.

GO DISTRICTS!

District Hotel

77 Main Street **Nairne**

Ph: 8388 6228

Hotel open 7 days 10 am till late

Dining available Thursday - Sunday Lunch 12 - 2 pm

Thursday - Saturday Nights 6 - 8pm open fire available.

Bottle shop walk in/over the counter 10 am till late.

Karaoke coming soon - look for signs on notice board at front of hotel.

Historic barn & beer garden for hire.

Come in for a drink by the open fire and meet some of the locals. You will find us opposite Foodmart in the Main Street.

The Arts



The story of the Nairne Historic Mural Project

Continued from page 1

Heysen Festival at Hahndorf

This festival is held throughout Hahndorf in recognition of renowned artist Hans Heysen's peerless cultural contribution to the Hills. The celebrations coincide with the anniversary of the birth of Sir Hans Heysen on October 8th and will feature an expanded line-up of exciting artistic talent, activities and performances for nine days.

Saturday 2nd of October to Sunday 10th of October, 2010.

ADELAIDE FESTIVAL CENTRE

Bangarra Dance Theatre

Two stories boldly described through dance.

8—11 September, Dunstan Playhouse

Little Big Shots

The world's best short films to amaze and delight kids.

7—9 October, Space Theatre

Moon Lantern Festival

22 September, Elder Park

FREE family event

Adelaidefestivalcentre.com.au, BASS 131246

With funds raised locally, and with the help of Mount Barker Council, we now have the project underway. Over the next three years there will be another 10 murals placed around the town and a full colour brochure produced to lead visitors from the first to the last mural, taking in many historic buildings along the way. In addition to the brochure we are organising a new website, so people all over the world will be able to visit Nairne online.

In the next five years, all the power lines will be placed underground and the town will take on a heritage feel. With the structure in place, Nairne will be a great place to live, shops will gain plenty of new business and encourage those empty premises to open with exciting sales prospects. A new buzz will bring yet more new ideas and we should see new clubs for the children and for adults too. An exciting time ahead for Nairne!

Jumping Mouse Music-Theatre

Ink Pot's 7-11 year olds will be sharing a musictheatre performance of this well-loved Native American folktale, created by The Very Moving Festival Company (UK). Directed by Jo-anne Sarre, the 40 minute show weaves a delightful selection of songs through dramatised storytelling.

Live music by Paul Cleaver and Morgan Taubert. Singing will be supported by the Ink Pot Children's Choir led by Callie Wood.

10.00 am Saturday 25th September, Mt Barker Town Hall, 36 Gawler Street. \$10 per person/\$30 family

BOOKINGS ESSENTIAL: 8388 0353 or quill@inkpot.com.au

The Arts

INK POT ARTS Circus Troupe

Calling all 12-26 year olds!! Ink Pot Arts is currently giving some "Come & Try" circus workshops in local high schools, as part of a drive to form a performing troupe who will feature their work at local festival events. This exciting opportunity has been supported by the District Council of Mt Barker (Youth Development) and promises to be a great way to develop new skills as well as meeting new friends! The training program will be run by Cirkidz founder Tony Hannan, a specialist in festival events.

For more information about the time, day and cost of the classes ring Jo-anne on 8388 0353/email on quill@inkpot.com.au

Puppet shows and craft projects

Head Heart and Hands Imaginative Play is a children's shop specialising in 100% natural fibre toys and craft materials. Situated in the Main Street of Nairne opposite the Nairne Institute, people travel from all over Adelaide to experience the unique products and atmosphere of Head Heart and Hands, especially on Stargold Puppet Show days when the shop is buzzing with live music and wonderful craft projects, nourishing the children's imaginations.

There are Puppet Shows every school holidays and some weekends, but we are usually booked out, so booking early is essential. Craft projects such as *Making Mermaids* from beautiful coloured felting fleece and *Making Knights and Dragons* with coloured beeswax are always popular projects for 6 year olds and older. For the under-five year olds we can offer a free, 10 minute activity on request to experience some of the unique craft materials we have in stock.

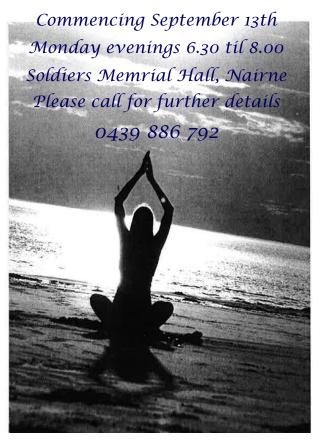


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Mon-Sat
10am - 8pm
Sun & Public holiday
11am till 7.30pm

Anahata Yoga With Jo



Yoga in the Hills with Loretta:

Nairne~Mylor~Mt.Barker~Callington

Yoga for Adults, Pregnancy, Teenagers, and Children

Nairne Institute General classes

Monday 6.45 pm – 8.15 pm Thursday 9.30 am – 11 am

8 week Introductory Course

(Introduction, or as a refresher course) Thursday 9th September – 28th October 6.30 pm – 7.45 pm ENROLLING NOW

5 day Sunrise Yoga

10th – 14th January 2011 6.30 am - 8 am

Loretta Voivodich Mob: 0421 824 397

email: lorettav6@bigpond.com

Health and Vitality

Yoga accessing mind

By Loretta Voivodich

There are a lot of beautiful homespun qualities about 'The Hills' and one of these is the weekly community yoga classes offered for the last two years at the Nairne Institute. Yoga is an individual practice that, when shared in a group, becomes a very supportive and nurturing experience; people coming together to create a special atmosphere.

Much has been spoken about yoga and it has emerged into our modern world without being unduly modified; it is taught in Sanskrit for this reason. Poses are based on natural aspects of living elements of nature and movements of animals, like dog pose, tree pose, mountain pose and warrior pose. These natural forms work on the organic body as we move in all directions in relation to the earth, alternating between extensions and contractions and the squeezing of joints, ligaments and muscles. All these combinations of experiences help loosen, straighten and strengthen the posture, and work on the deeper layers of the body, bathing the body with a good blood flow, stimulating

and toning organs, nerves and glands. As we bring our full attention to the direction, form and purpose of the pose, thoughts are suspended, body, mind, breath and mood are integrated. The quality of the pose has shifted our awareness towards becoming calm and clear. The body itself has experienced a qualitative change.

This type of guidance and focus allows the individual to work within their own capabilities and needs, yoga being non-competitive. The foundation yoga practice is based on the cultivation of good posture and body awareness, mobility and relaxation and the conscious regulation of good breathing patterns. All of these help create a feeling of ease and stability in the body and a habit of breathing that is long and smooth. Allowing the body to breathe well, we access a true vacation for the mind.

Yoga services within 'The Hills' are growing, offering classes within your local community. Loretta Voivodich teaches yoga at the Nairne Institute but is not limited to this location. She teaches to children in primary and high schools; at present she is teaching "Yoga in Maths" to Year 8 students, highlighting the practical application of geometry within the poses. She also brings a service to more remote areas such as combined parent and child classes on Wednesday mornings in Callington.

Loretta has had seven years full-time experience of delivering yoga within the workplace and offers the service of lunchtime or after work classes, with equipment supplied. Interest in yoga from schools and for teenagers most welcome.

"....tree pose, mountain pose, and warrior pose. These natural forms work on the organic body as we move in all directions in relation to the earth...."

Health and Vitality

The Active Cognitive Enhancement program

A gym for the mind



Today we know that the brain retains lifelong plasticity (the ability to change itself through experience). Ageing does not mean automatic decline. Furthermore we know that a variety of lifestyle factors, including physical and mental exercise, can influence how our mental abilities evolve as we age. We also now know that changes in our brains that result in dementia may start many decades before symptoms actually appear. Just as healthy lifestyle habits play an important part of reducing the risk of developing heart disease and diabetes there is evidence to suggest that brain healthy lifestyle habits may also have a role to play in reducing dementia.

The brain is composed of many different areas that focus on different things. Doing a crossword puzzle only activates a small part of the brain. The 3 key principles for good brain exercises are: novelty, variety and constant challenge. The ACE program, a ten-session group mental fitness training program incorporates a variety of challenging mental exercises, along with training in a

number of memory strategies. It includes practical lifestyle information on how to maximise brain health, and an introduction to a range of relaxation techniques.

The ACE program will be running in October at the Adelaide Hills Council Chamber, 36 Nairne Road Woodside. If you would like to register your interest in the program please contact the National Dementia Helpline on 1800 100 500.

Relay for Life

The Adelaide Hills Relay for Life will be held on November 13/14 at the Mt. Barker Oval. By forming a team of 10-15 people, participants can make a difference by raising money to go towards valuable cancer research, patient support and awareness education. All members of the community and fellow supporters are welcome to be part of the celebration of life and tribute to people living with cancer. In a fun and carnival-like atmosphere, the event holds a survivors walk and also a candlelight vigil in memory of those who have been lost to this disease.

To register a team or find out more about the event, contact The Cancer Council SA on 8291 4111 or visit their website www.relayforlife.org.au.



HOME ASSIST & RESPITE

What services are available?

Home Care

- Short term Cleaning (3–6 cleans)
- Spring Clean
- Referral to longer term assistance.

Garden Maintenance

- Pruning
- Rubbish Removal.
- Once off garden clean up and rubbish removal.

Minor Home Maintenance

- Yearly gutter clean and small repair
- Small plumbing and minor carpentry work
- Changing light bulbs
- > Checking smoke detectors

Home Security

Free Home Safety and Security Assessment/Advice through the South Australian Police Crime Reduction Section.

Car Upholstery & Canyas

Paul Sampson for—

- Seat repairs to cars, trucks, motor bikes and tractors
- Canvas canopies made to measure
- Tonneau covers for utes
- Repairs to horse rugs and canvas goods, zips replaced
- Swags
- Shade cloth panels stitched together

Phone 8388 6564

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ABN 21 250 878 017



Local services

Local help for those Spring tasks!

Spring! That wonderful time of year when the sun starts shining and the flowers are out. Perhaps you feel inspired to spend some time in your garden, or give the house a spring clean, or finally tackle those maintenance jobs. You don't have to do it on your own. With a bit of help from a local service, you can make the most of this time of year.

YAB'S MAINTENANCE NAIRNE

- * Pergolas / Decking
- * Shed erections
- * Glass replacement
- * Concrete work
- * Fencing: Colorbond and rural
- * Rubbish removal

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Mob: 0417 291 612



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- · Lawn care
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Saturday 9 am − 1 pm

Sunday 10 am - 12 noon

Come in and see Mike, Shirley or Paul for all your:

Gardening needs,
Painting requirements, Cement &
Tools, Handyman equipment,
Kitchenware etc

'If we haven't got it, we'll get it for you!'

102 Main St, Nairne Ph. 8388 6457



WHEN BUYING OR SELLING - TRUST IS A MUST

Buyers & sellers recognize & appreciate the benefits of talking & dealing with the people with local knowledge & experience.

Part of our 26 year commitment to Nairne is taking every opportunity enthusiastically to promote the town & district while marketing properties for sale.

If you have a property to sell in the future - Look Local.

Please call us on 8388 6466 We'll look after you.

NEW RELEASES







47 Main Road, Nairne



3 Matthew Smillie Drive, Nairne



Lot 28 Clover Way, Nairne



16A Fulford Tce, Littlehampton



15 Herriot Court, Mt Barker



RECENTLY SOLD



Lot 15, 129 North Road Nairne



62a Woodside Rd, Nairne



42 Main Road, Nairne



27 North Road, Nairne

Sales Consultant 0439 886 792

THE

NAIRNE

TEAM



Roz Gardner Sales Consultant 0407 796 345

If you would like to know where your home sits on the real estate market.

Call into the Nairne office to get advice.

RLA193520

80 Main Street, Nairne

popenitschke.com.au

8388 6466

Community Life



Lions Club of Nairne & Districts Inc.

Please address all correspondence to the Secretary

PO Box 57

NAIRNE S.A. 5252

nairnelion@adam.com.au

President's Mobile: 0412 823 752

LIONS ACTIVE IN THE DISTRICT

On Thursday 5th August a working party of Lions members installed two bench seats in the park in the main street of Kanmantoo. We also removed an old seat which was originally installed approximately twenty years ago.

This working party was the final episode of the Nairne & Districts current Park Seat Maintenance Programme.

Over many years, dating back to the club's charter in May of 1978, Lions have supplied and installed benches and seats in parks throughout our district, taking in areas of Callington, Kanmantoo, Harrogate, Brukunga, Mt. Barker Summit and Nairne. Thirty units in total, requiring regular maintenance or replacement due to vandalism, or simply outliving their use-by date.

We have an ongoing commitment to the railway station site and have commenced a repainting programme which of late has been hampered by the inclement weather.

COMMUNITY SERVICE

Recently the Lions Club of Nairne & Districts purchased an oximeter for Sash Ferguson Homes in Mt. Barker to assist in the nursing care of residents.



Nairne Railway Station

CAROLS BY CANDELIGHT

Nairne Lions are seeking expressions of interest from all community groups to be involved in the presentation of a carols night to be held in Bythorne Park in early December. Keep an eye out for an invitation to your organisation to become involved - or contact us;

Mrs Anne Taylor 8388 6338 or Ms. Jacki Coleman 8188 0219

Hills Fleurieu LSA Crime Prevention Section

Ph 8398 1752 Fax 8398 1754

For police assistance call 131 444
Hear something? See something? Say Something.
Ring Bank SA Crime Stoppers on
1800 333 000

Community Life



Nairne Primary School Soccer Club



The Nairne Primary School Junior Soccer Club, or the Nairne Knights, has been running for three seasons now. It enters teams for all primary school aged children in the Adelaide Hills Junior Soccer Association leagues. Although the club is run through the governing council of the school, players don't have to attend the school to take part. In fact, everyone is welcome regardless of ability. The club is all about young people playing sport in a team and having fun.

This season we have had about 80 children and young people playing soccer. We entered three teams in the non-competitive age groups (Under 8's, Under 9's, and Under 10's), and two teams in the competitive leagues (Under 11's and Under 12's). In addition, we had for the first time, an all-girls Under 11's team, and a development squad for younger children to have a go. All of the players have been a credit to their school and have represented their community well.

It is now nearly the end of the 2010 season – registrations for 2011 start as soon as school goes back next year, so look out for more information closer to the time. For more information contact

Andy Buchmann c/o Nairne Primary School.

NAIRNE UNITING CHURCH



Allargue St

Minister Rev. Kevin Sarlow

8391 2513

Uniting Services, Sunday 10.30 am, except on the third Sunday each month, we combine with Lutherans and the service is at 8.30 am.

Lutheran services, Sundays 8.30 am

www.mtbarker.unitingchurch.org.au/welcome/nairne

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Community Life

Fairs and shows

Royal Adelaide Show, 3rd to 11th September 2010.

Over the nine days of the Show you will see swords being swallowed, sand sculptures being built, dancing fairies and much more. The Street Parade is a magnificent sight, winding its way around the Showground and interacting with the public at 12.30pm daily. Gates open at 9 am every day, Wayville Showgrounds.



Murray Bridge Show, 25th and 26th September 2010.

Don't miss out on this wondrous weekend of entertainment for both the young and young at heart. Attractions include sheaf tossing, wood chopping, horses in action (including show jumping), Old MacDonalds Travelling Farm, Dan Burt, Irish Albert Comedy and Don's Demo Dogs. Gates open at 8 am, Murray Bridge Showgrounds.

Strathalbyn Show, Monday 4th October 2010.

The long running Strathalbyn Agricultural Society Inc. Show will this year be celebrating its 140th anniversary. This year's entertainment features the Mike Brady Band, the Dancin' Dogs and clog dancing. There will also be a barnyard animal nursery, camel rides, carnival amusements, show bags, horses in action, cake decorating, floral art and stalls showcasing many local products. Gates open at 10 am, Strathalbyn Showgrounds.

Meadows Country Fair, Sunday 17th October 2010.

A great family fun day showcasing local tourism, food, wine and produce, wildlife conservation and education. This show features the legendary and



original Udder Tug handmilking competition, the Daisy Trail, market stalls, field day, yard dog trials, regional produce and wines, animal expo, children's events, entertainment and amusements for the whole family, and

much, much more. Gates open at 9 am, Meadows Oval. www.meadowscountryfair.com.au

Callington Show, Sunday 31st October 2010.

Another fantastic day of family fun with wheelbarrow races, whip cracking, the "Cally Trail", draught horse display, free activities for children, sheep shearing display, vintage cars and machinery, rides, stalls, Rural and Young Rural Ambassador awards. Gates open at 10:00 am, Callington Oval.

www.sacountryshows.com

Adelaide Hills LETS

LETS (Local Exchange Trading System) is a non-profit community-based exchange system that provides the means for its users to exchange goods and services with little need for conventional currency.

A directory of members 'offerings' of goods & services, contact details, members transactions and statistics are recorded via the Community Exchange Website www.community-exchange.org

We are seeking participants who wish to trade with other members of their communities.



For further info call Jean Williams on 8398 2215, email adelaidehills@yahoo.com.au or join now for free: http://www.ces.org.za/docs/join.asp? country=AU

Community Life



NAIRNE AND DISTRICTS COUNTRY FIRE SERVICE

Submitted by Lyssa Liebelt – on behalf of members

HELP WANTED

Daytime crews needed

We need committed people from our local community to become a volunteer. Are you available to attend during daylight hours? If you are, and would like to become involved with our brigade and attend the many incidents we respond to, we REALLY WANT TO HEAR FROM YOU!! All training is provided, as is all the necessary equipment, clothing etc. We know there are many shiftworkers in our community and it would be great to hear from you. Please contact the station duty officer 0408 086334 or call in to the station on any Monday night if you would like to discuss the possibility of joining.

Recent incidents that the brigade have responded to are:

June – Domestic fire - Princes Highway, Nairne

Smoke in area - Bassett Street, Nairne

Fixed alarm State Training Centre, Brukunga

July - Vehicle accident - Princes Highway, Dawesley

Tree down - North Road, Nairne

Fixed alarm State Training Centre, Brukunga

Vehicle accident - corner Woodside and Stockham Roads, Nairne

Vehicle accident - motor bike into guardrail Princes Highway, Dawesley

Vehicle accident - Summit Road, Nairne

Vehicle accident - Old Princes Highway, Kanmantoo

Vehicle accident - Old Princes Highway, Dawesley

Flooding - North Railway Terrace, Nairne

August – Vehicle accident - Main Road – car into business (Upstairs Downstairs)

Fixed alarm State Training Centre, Brukunga

Car fire - District Hotel, Nairne



Left: the fire that confronted first arriving crews at a North Road house fire in June.

Right: the aftermath.



Time to clean up for Summer



IDENTIFYING HAZARDS AROUND YOUR HOME

Burning debris is carried by strong winds that accompany bushfires. These sparks and embers may enter your home through small openings such as vents, or may be large enough to break windows and ignite curtains and furniture etc. They may also settle on flammable material outside your home causing a small fire (spot fire) to start. If this fire happens to be on your wooden deck, doormat or woodpile, it may eventually grow large enough to destroy your home. Walk around your home and identify the potential problem areas.

REDUCE THE AMOUNT OF FLAMMABLE MATERIAL AROUND THE HOME

All flammable material that is within 20 metres of your house should be removed. This includes removal of dead branches, fallen leaves and cutting long grass. On a slope greater ground clearance is desirable. In order to reduce the threat to your house you should:

- Remove dry undergrowth and grass from around the home and buildings.
- Prepare a 20 metre fire protection zone around the home to reduce the danger from radiant heat and sparks.
- Establish a landscaped garden or vegetable garden, mow lawns, build wide paths, paving or driveways that can provide fuel breaks.
- Chemically treat the area around outbuildings and sheds to prevent the regrowth of vegetation.
- Cut back trees overhanging the roof and regularly remove leaves from the gutters.
- Remove flammable growth from around the base of trees.
- Prune lower tree limbs to provide a vertical firebreak to prevent ground fire spreading into trees.
- Provide space between trees and shrubs to remove the continuous line of vegetation to the house.
- Remove bark and wooden sleepers from areas in the garden near the house.
- Store flammable fuels and chemicals away from the house and secure in an enclosed shed
- Clear all dry grass and bark mulch well away from the house.

SPARK PROOF THE HOUSE AND BUILDINGS

To protect your house, it is vital that you prevent sparks and burning material from entering through windows, under doors and/or under floor boards. This can be achieved by:

- Fitting metal fly wire mesh or solid screens to spark proof the windows, doors, ventilators and skylights.
- Close all openings in eaves and under-floor areas.
- Sealing all gaps in the roof area along the ridge cap, gutter line and fascia board.
- Extending wall cladding on buildings and sheds to the ground.
- Sealing the flute spaces at the fascia board with fibreglass insulation or scribed flat metal with corrugated iron roofs.
- Tiled roofs require an appropriate fire rated insulation (sarking) immediately below the tiles

ROOFING

Most homes ignite when sparks or burning embers blow under tiles and start burning roofing timbers or accumulated litter. Metal roofing offers more protection provided it is firmly secured and sealed around vents, skylights, fascias and roof caps.

UNDERFLOOR

Underfloor areas that are not enclosed allow sparks and embers to penetrate. If these areas are used to store timber, firewood, or other flammable materials, the risk is compounded. Make sure that underfloor areas are kept clear of flammable material during summer.

WINDOWS AND VENTS

Crevices where embers can collect are potential ignition points. Cracks under doors, on window ledges, windows, or along verandahs are particularly vulnerable. Vents into the house structure are also common entry points for sparks. They should be covered in fine wire mesh to prevent embers from getting into walls, roof cavity areas or through windows.

Community Life

Sustainable House Day - September 12, 2010



Eden Valley poured earth house, opening for Sustainable House Day.



MOUNT BARKER BOTTLE & CAN



Secker Road, Mount Barker

Monday – Friday 8.30am — 4.50pm Saturday 8.00am — 1.30pm Closed Sunday & Public Holidays

Phone: 8391 2700

\$\$\$ Cash paid for \$\$\$

★ Bottles ★ Aluminium

★ Cans ★ Brass

← Plastic ★ Copper

 \star Milk containers \star Lead

 \star Juice cartons \star Radiators

If you want to save money on your power bills there is no better way than visiting one of the over 200 properties opening around the country as part of Sustainable House Day, Sunday 12th September.

Colin & Vicki's property at Macclesfield is one of the homes opening who have managed to reduce their power bills to an average of \$100/quarter.

If you're thinking about improving your home's energy, water or waste management efficiency, speaking to homeowners about their own experiences is a must.

Seeing real sustainable projects in action, and learning what worked well and not so well, will help save you time and money.

There will be plenty of information available on the day, with architects, builders and energy auditors on hand at many of the homes to provide you with expert tips on sustainable living.

And let's not forget the garden. Many of the houses feature fantastic water-wise, organic, or permaculture gardens. So whatever your interest, be it gardens or more structural retrofits to new builds, there are sure to be many inspirational ideas to adapt to your home.

Sustainable House Day is presented by Solar Shop Australia with entry to the houses free.

For house locations and more details visit www.sustainablehouseday.com

If you can't make it on the day, you can get great information on the social networking site for Sustainable House Day, www.shmeco.com. You can interact with owners and share what you are doing with others.

Community Life

Open Garden Scheme Special Event

Sustainable Landscapes at the Baghurst Garden, Port Elliott. Saturday 11th and Sunday 12th September 2010. (No bookings required).

Winner of the Sustainable Landscapes Native Gardens Award for Best Home Garden, this is the perfect example of a well-designed, sustainable and climate-compatible garden.

Following the contours of the landscape, the Baghurst garden enhances the modern architecture of the sustainable home and frames breathtaking views of the coastline.

Sweeping garden beds are planted with a wide diversity of native shrubs, groundcovers and grasses surviving on natural and harvested rainwater.

Experts from the Adelaide Botanic Gardens Sustainable Landscapes Program will lead walks and talks around the garden at **11.30 am and 1.30 pm**.

Address: Lot 10 Heysen Rd, Port Elliot Directions: UBD 304:P12. From Adelaide take Victor Harbor Rd; before Victor Harbor turn left into Waterport Rd, left into Heysen Rd (northern continuation of Brickyard Rd). Open: 10 am-4.30 pm. \$8.00 entry fee, no charge for children under 18.

Tickletank, 24 Hill St, Mount Barker, Saturday 9th and Sunday 10th October 2010

Artist Irene Pearce's intimate and adventurous multi-level garden surrounds a house made from a converted water storage tank. Garden art, mosaics and sculptures made from recycled materials. Colourful array of spring bulbs, hardy natives and cottage plants. New mosaic driveway. Devonshire Teas available all day. **Open: 10 am** - **4.30 pm. \$6.00**.

Buccleuch, 28 Burnbank Way, Mount Barker, Saturday 30th and Sunday 31st October, 2010.

Water-wise plants, rainwater tanks and other water-saving schemes ensure the continued abundance of this immaculate award-winning garden. Discoveries are numerous: a gazebo overlooking crab apples, weeping cherries, roses, a frog pond and an embankment of cottage perennials in a tapestry of colour. Bagpipes playing in the garden. **Open:** 10 am - 4.30 pm. \$6.00.

These are just a few of the gardens that will be on display this Spring and Summer. For more information on Australia's Open Garden Scheme, visit the website www.opengarden.org.au, or Email national@opengarden.org.au.





Bush For Life will be holding workshops in the following locations: Belair on September 18, Mt Barker on October 12, and Stirling on November 5. For more details log onto our website

www.treesforlife.org.au or phone Trees For Life on 8406 0500.

RSL - Nairne

We meet in the Nairne Soldiers Memorial Hall on the second Tuesday of the month at 7.30pm. Contacts are Tony (President) on 8388 0980, Alan (vice president) on 8388 0938 and Dennis (secretary) on 8538 5067.

Community Life

Want to be a driver for Hills Community Transport?

Enjoy helping others? Want to make a difference?

Enjoy driving?

Did you know?

According to the 2006 census, 667
Nairne residents over the age of 15 years were volunteers. That's nearly 25% of the population in that age group!

Thanks a million.

Vacancies currently exist for volunteers to join Hills Community Transport (HCT), to assist eligible clients with their transport needs, helping people to improve and maintain their quality of life.

Dedicated volunteers are required to transport the frail, aged, disabled and other transport disadvantaged to medical appointments, shopping and social activities within the Adelaide Metro and Adelaide Hills Region. Vehicles are provided, and HCT can offer flexible working days.

A current drivers licence is required, along with a commitment to undertake the Volunteer Driver Accreditation Program. Accreditation costs will be paid by HCT. The ability to interact with people from all walks of life and offer empathy, understanding and patience are important to this role. Contact Marisa, 8391 7234, for more information.



MARKET OPEN

Every Saturday 8am to 12noon

TAFE car park 3 Dumas Street Mount Barker, SA

The Adelaide Hills Farmers market is a 'true farmers market' - it is a food only market that specialises in authentic, regional, fresh and seasonal product. The market offers a range of green and field vegetables, herbs, fruit, nuts, seeds and any product that can be grown or is made from primary products.

Customers can also buy fresh produce, flowers, plants, bread, eggs, meat and smallgoods, wine, juices, jams, condiments and chutneys, fresh pasta, olive oil and honey and anything else that is either grown or produced in the region. There is freshly ground coffee, hot food, pies and pasties and a terrific selection of vegetarian food offerings. The smells, colour and textures of the food are rich; all set in a quiet corner on the TAFE car park in Mt Barker, this friendly country market already has a unique and special feel.



NAIRNE MEDICAL CLINIC 111 PRINCES HIGHWAY

NAIRNE 5252

<u>ALL HOURS</u>: PH: 8388 6288 FAX: 8388 6977

Email: nairne@hahnmedi.com.au Web Site: <u>www.hahnmedi.com.au</u>

DOCTORS

Dr John Entwistle Dr Hugh Allen
Dr Stephen Daniels Dr Kate Nielsen
Dr Gary Hickey Dr Ioulia Bobkova

Nairne Office Hours: 8.30am – 5.30pm Monday to Friday

Closed Saturday

Special interests include all Family General Medicine, Women and Children's Health, Disabilities, Skin Clinic, Palliative Care, Acupuncture, Hypnotherapy, Sports Medicine and Counselling.

Group practice incorporating Hahndorf Medical Centre, Mt Barker South Medical Centre and Woodside Medical Centre

Saturday consultations from 9.00am-12noon at Hahndorf 8388 7066 & Mt Barker South 8391 2055

Community Life

Nairne Red Cross lunch.

On Thursday 16th September at 10 am in the Uniting Church Hall in Allargue Street, there will be a lunch for all Red Cross branches in the Hills. If you are interested in finding out what Red Cross does, please join us for simply a gold coin donation.

Before lunch we will be entertained by Suzanne Handel, principal harpist with the Adelaide Symphony Orchestra, and after lunch a narration by Joanne Sarre of Ink Pot Arts Inc. accompanied by the harp.

Mayor Ann Ferguson will open the proceedings and there will be a guest speaker on Red Cross Migration Support Programs.

Come and enjoy the food and entertainment and ask as many questions as you wish. Hope to see you there.

Maureen Snell. Phone: 8388 6688



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Community Life

Winter has been good to Nairne Market!

It has been a long, long winter, and if the current weather is anything to go by, it appears it could be even longer yet!! Sales have been steady and we are pleased to be able to continue to supply good quality, clean second-hand winter woollies to our valued customers!!

There are good specials at the moment in the shop, with skirts priced at 2 for \$1, ladies & men's pants/slacks at ½ price and ladies jackets are also ½ price. Keep a good eye on the Market in the next few weeks, because there will be lots of different specials coming up between now and the "change over" (to spring & summer wear) in late September/early October.

PLEASE NOTE! Until further notice, the shop is no longer open on Saturday afternoons.

Without volunteers to work in the shop, or sorting clothes in the back room, the Market would not be able to function as well as it does. But with an ageing population, it is not always easy to maintain a good number of volunteers. The management of the Market would welcome enquiries by people willing to offer their services for a few hours a week or fortnight or even once a month. We are a friendly bunch and enjoy meeting new people.

Once again, staff & management offer thanks to the Nairne community and far beyond for your continued support of this wonderful enterprise. Without you, the customers, we would not be able to maintain our worthwhile level of giving back to this community.

Nairne website re-design

Don't forget to check out the new Nairne homepage design (back page www.nairne.org.au). On the left of the page, there are links to information to encourage prospective visitors to spend some time in our town. On the right, there are links to information and services for the local community. Innovative ideas include the "Rent me" and "Swap shop" sections which will facilitate local networking and exchanges of goods and services. There is also a link to past editions of the Nairne News, in case you lose your printed copy! So check out the website, and let us know what you think with an email to ndra@live.com.au.

Creative Communities—Ink Pot Arts in the Adelaide Hills.

We hope you will be able to make it to the next general meeting of the Nairne and Districts Residents
Association on Wednesday 20th October 2010 at the
Nairne Institute, Main St, Nairne.

7 pm, talk to your local councillors about any issues relating to life in Nairne

7.30 pm, our speaker will be Jo-anne Sarre, Artistic Director of Ink Pot Arts, and she will speak on
 Creative Communities – Ink Pot Arts in the Adelaide Hills. Jo-anne will be sharing an over-

Adelaide Hills. Jo-anne will be sharing an overview of the company's vision for cultural development in the district.

EMERGENCY

Directory Local Justices of the Peace Fire-general Fire (Nairne) 8388 6246 Di Franklin (ah only) 8188 0261 Fire (Brukunga) 8388 6255 **Greg Hutchinson** 8538 5028 Fire Ban information Chris McDonnell 1300 362 361 8391 0482 **Bushfire Prevention Officer** Robert Oaten 8388 6623 8391 7200 Medical-general Mt Barker Council JP services 8391 7200 Nairne Medical Clinic 8388 6288 Government Nairne ChemMart **Local Members of Parliament** 8388 6422 Mt Barker Hospital 8393 1777 State: Mark Goldsworthy 8389 6800 Poisons Info 131 126 Federal: Jamie Briggs 8398 5566 **District Council of Mt Barker** Police-general For attendance General enquiries 131 444 8391 7200 Mt Barker Station 8398 1700 **Waste Transfer Station** 8388 1099 **North Ward Councillors** Legal Legal Aid Service 1300 366 424 Kathy Brazher-Delaine 0407 617 539 **Local Justices of the Peace Lindsay Campbell** 0421 567 545 Jason Kuchel Kym Bartholemew 8388 6615 0448 848 848 **Trevor Corbell** 0408 685 759 Lvn Stokes 8538 5160

Thank-you to the Nairne premises providing space to distribute this newsletter:

- Corner Takeaway,
- District Hotel,
- Foodmart,
- Kanmantoo General Store,
- Liberty Service Station,
- Millers Arms Hotel,
- Millie's Bakery,
- Nairne Market,
- Nairne Medical Clinic,
- Nairne Post Office,
- Nairne Primary School, and
- Sheehan's Hardware.

Do you have something to contribute to the Nairne News?

Fire, Police, Ambulance

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Articles and advertisements for publication in the next issue to be received by 20th October, 2010.

Contact

The Editor, Nairne News

PO Box 416

Nairne, SA 5252

Or:

nairnenews@hotmail.com

Advertising rates (per issue):

- Business card size: \$12
- Quarter page: \$20
- Half page: \$35
- Full page: \$55



A fascinating place to visit

Come and take a stroll back in time through the history of Naime. Historic Murals

Read more >

We have some remarkable stories to tell you, stunning countryside, world class restaurants - and all just 30 mins from Adelaide.

Come and see us soon - a real aussie welcome awaits you.

Climb the summit, relax in our parks, explore the country lanes. Countryside

Read more >

Bythe met Park opera: The new park or Woodsde Road is finished. It has numerous features including a laise, a richarda, play areas, an amplificate with a stage and more. The District Council of Mount Barker developed the park with input from Name residents.

Rind out where we get our name from and how one of our early setters changed the course of Australian history. History

Read more >

Historic winery, top class Indian and European restaurants, the very best garden furniture, are fidicays. All this and more ... Local Business

Zigga Zagga

Read more >

Spend a day exploring the history & people of our lovely town. Nairne is the old est township in the Adelaide hills and home to the famous Heritage Murals Nairne News Online Keep up with all the local news online

Read more >



Have your say, read the thoughts of your fellow residents



Read more >

Rent me

Rent your shift to others Save money renting temporary needs

RENT Read more >

The Malinne Haritage Munal project sets out to digitally, in highly visual form, the history of the lown and its early resident. It is planned to create around 25 neurals distributed along the Male Street each of writin will depict, in the main, an activity which occurred at the neural location in the early days.

Swap shop

swap stuff you don't need for stuff you do!

Read more >

Local services

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Read more >

We look forward to developing it further with your help. Send your feedback to: ndra@live.com.au This new home page design for the Nairne website is available online at www.nairne.org.au